

TIME	LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM	Beach front			Garden Tour				
9:30 AM	Beach front						Beach Volleyball	
10:00 AM					Beach Football			
10:30 AM	Garden Pavilion		Yoga Class					
11:00 AM								
3:00 PM	Cacique Lounge	Board Games		Cricket Game (Meet at Tour desk)				Board Games
4:30 PM	Cacique Lounge				Historian Presentation	Cocktail Mixing (Beachside Terrace)	Tennis Practice (Tennis Court)	
5:45 PM	Beach front	Sunset Celebration	Sunset Celebration	Sunset Celebration	Sunset Celebration	Sunset Celebration	Sunset Celebration	Sunset Celebration
6:30 PM	Beach side Terrace		Manager's Cocktail Reception					
8:00 PM	Cacique Lounge						Live Steel Band Music	
9:00 PM	Cacique Lounge		Live Calypso Reggae Music	Crab Racing		Retro Night Dance Music		

**DESCRIPTION:**

Yoga: Get the benefits of yoga postures, an ancient practice of bringing body, breath and mind into balance. Classes are led by our British-certified Master Yoga Instructor. All levels welcome.

**FITNESS POLICY:** Must be 16 years of age or older. Shirts and closed-toe shoes may be required for sports games.